

Report from Dr. Jean Lumbala – December 2019

December was marked by two special activities:

- The commemoration of a year since the death of our Cécile which took place on Sunday 12/01/2019, with worship of thanksgiving, prayers, religious songs, dances, and also meditation on the future of Butoke. A set meal was offered to young choirsters, orphans and old people. The fee contributions were used to finance these activities.
- Christmas, the commemoration of the birth of Jesus Christ, our celebration began on 12/22/10 at midnight with prayers, songs, and dances. Friends of Butoke sent \$500 as a fund for this commemoration.



My orphans and widows, friends and acquaintances, our students, the neighbors, attended this commemorative prayer.

NUTRITION

The nutrition program benefitted from the contribution of FOB UK, and FOB USA. Many children were saved by improved nutrition during this month. Many of these children come from large families, and during this time, the food cost is very expensive and these families are unable to feed their own. We have seen many cases of kwashiorkors, dwarfism and many cases of doldrums. Butoke has initiated family planning, household size, and a birth spacing program. Also, lessons on the quantitative and qualitative meal. Lessons on how to prepare soy porridge mixed with corn, including palm oil for its richness in vitamin A, a little sugar to stimulate appetite. Very good recovery results for these children are being recorded

- 32 children out of 54 admitted are recovered
- 2 deaths from kwashiorkors
- 20 children whose treatment is ongoing.



Multivitamins, dewormers and anti-malarials often accompany their children.

HEALTH

The Musue Bantu Health Center: The pilot health center is that of Musue Bantu with a health post of Tshikaji and that of Tshimbundu, This center has just been designated the Health Center supervising health care of other health centers located in our health area and this thanks to its quality of health care.

The new cases went from 3 to 7 cases per day, which gives the average of 49 cases per week,

which gives a total of 76 cases for 28 days without counting the old cases. Cases included malaria 21, typhoid 21, amebiasis (a parasitic infections) 12, hernias 11, C-sections 5, appendicitis 14, kwashiorkors 6 severe including 2 deaths (malnutrition from protein deficiency). Of these 76 cases, 33 cases were hospitalized.

The pre-school health consultation take place once every week. For the month of December, 19 deliveries including two twins: 14 girls and 7 boys. Difficulties in maternity included renewal of sheets, beds, and materials for childbirth, including 5 boxes of paints to renew the walls.

The health post of Tshikaji: Tshikaji is a care unit that receives the most our students, some peasants are consulted inside and sorted for their transfer to Musue Bantu. The month of December, many of our cases were transferred to Musue Bantu - 28 cases, mainly operations and difficult cases were transferred.

Our Helene, a little girl who swallowed caustic soda and burned her throat was hospitalized at the Good Shepherd Hospital where she was saved with a lot of regurgitation difficulties. She came to be with us at Tshikaji orphanage but must now have more surgery because her throat is narrowing. Her surgery and surgical kit will cost \$1500.

The health post of Tshimbundu: Tshimbundu was initiated towards the end of November, during the construction works of the school of Tshimbundu. We attended two childbirths that I managed myself because the woman was unable to reach maternity because of the distance of more or less 3.5 kilometers distance which separates her from maternity. That is why we decided to open a health post and a maternity that has just 4 clamps and we take this opportunity to launch a **cry of support for the female population for the equipment of this maternity**. Care for raped persons is free and at Butoke's expense. The other ambulatory care is done regularly, the prenatal and pre-school consultations are done inside.



In His love.

Dr. Jean

Thank you for your continued support and for showing your love. The needs are many so your contributions are deeply appreciated.

Please send contributions to: Friends of Butoke, 2 Penhurst Ct., Rehoboth Beach, DE 19971

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